

# ESO ARTS CENTER

## 2012 WINTER & SPRING Schedule Classes & Events

*ESO... where the arts flourish and abound!*

[www.esoartscenter.org](http://www.esoartscenter.org) ~ Belle Haven, VA ~ (757)442-3226 ~ Fax (757)442-3302 ~ [eso@esoartscenter.org](mailto:eso@esoartscenter.org)



### YOUTH CLASSES

#### Ballet **with Dana Floyd-Sutter**

Levels 2-7 Classes will resume on Tuesday, January 3<sup>rd</sup>

Levels 1A & 1B Classes will resume on Monday, January 9<sup>th</sup>

Returning students should come in the same time slot as the Fall.

New students should call 442-3226 for information, class schedule and rates.



#### Beginning Tap **with Lisa Brasch**

Thursdays, Jan. 5<sup>th</sup> (3:45 to 4:30 p.m.) ongoing. Ages 6 to Adult, Cost \$32 per month

Basic tap steps and combinations with toe tapping choreography.

#### Tap 2 **with Lisa Brasch**

Thursdays, Jan. 5<sup>th</sup> (4:30 to 5:15 p.m.) ongoing. Ages 6 & Up, Cost \$32 per month

Basic tap steps and combinations with toe tapping choreography.

#### Contemporary dance **with Mary Stiegelbauer**

Mondays, Feb. TBA (4:00 to 5:15 p.m.) Advanced 14 YO & Up, Cost \$80 per month

Wednesdays, Feb. TBA (3:45 to 5:00 p.m.) Intermediate 12 to 13 YO, Cost \$60 per month

Thursdays, Feb. TBA (6:45 to 7:45 p.m.) Beginner 9 to 11 YO \$45 per month

Contemporary Dance Classes involving the release technique which combines ballet basics & modern dance movement. Month to month

#### After school Art Lessons **with Holly Bundick**

Tuesdays, Jan. 10<sup>th</sup> thru Feb 14<sup>th</sup> (4:00 to 5:00 p.m.) 6 Weeks Cost \$75, Ages 6 to 10. Ongoing with breaks in between 6 wk sessions.

Art educator, Holly Bundick will offer a wide variety of art lessons in drawing, watercolor, painting and much more for young artists!

Holly guides young artists through the creative process using accessible instruction and art history. All materials provided.

#### Pottery for Kids **with Elizabeth Hunt**

Winter Class: Thursdays, Jan. 12<sup>th</sup> thru Feb. 16<sup>th</sup> (4:00 p.m. to 5:30 p.m.)

Spring Class: Thursdays, April 5<sup>th</sup> thru May 10<sup>th</sup> (4:00 p.m. to 5:30 p.m.)

Each 6 weeks Class Cost \$120 + \$10 firing fee, Stock materials supplied.

Hand sculpting and wheel techniques with nontoxic glazes to create unique pottery & sculpture for beginning & intermediate young ceramists.

#### The ABC's of Circus Theater Part 1 **with Telly Cardaci**

Saturdays, Jan. 14<sup>th</sup> thru Feb. 4<sup>th</sup> (1:00 p.m. to 3:00 p.m.) Ages 6 to 12 years old. 4 Weeks, Cost \$100.

Saturdays, Jan. 14<sup>th</sup> thru Feb. 4<sup>th</sup> (3:30 p.m. to 5:30 p.m.) Ages 13 and Up. 4 Weeks Cost \$100.

For aspiring clowns and comedians, learn the ABC's of juggling, physical and visual comedy, clowning, cowboy tricks, improvisation, character acting, plus tricks of the trade with professional actor, clown, cowboy and physical comedian extraordinaire, Telly Cardaci. And learn to build your own juggling props. No experience necessary! Most materials provided. Private coaching also available.

#### The XYZ's of Circus Theater Part 2 **with Telly Cardaci**

Saturdays, Feb. 18<sup>th</sup> thru March. 10<sup>th</sup> (1:00 p.m. to 3:00 p.m.) Ages 6 to 12 years old. 4 Weeks, Cost \$100.

Saturdays, Feb. 18<sup>th</sup> thru March 10<sup>th</sup> (3:30 p.m. to 5:30 p.m.) Ages 13 and Up. 4 Weeks Cost \$100.

Continue the fun with more juggling, physical and visual comedy, clowning, cowboy tricks, improvisation, character acting, plus more tricks of the trade with professional actor, clown, cowboy and physical comedian extraordinaire, Telly Cardaci. And learn to build your own juggling props. Class show TBA for willing participants. Some experience or ABC's Part 1 required. Private coaching also available.

### Stage Craft & Role preparation **with Anna Womble-Sterrett**

Tuesdays, Jan. 17<sup>th</sup> thru Feb. 21<sup>st</sup> (5:15 p.m. to 6:30 p.m.) Middle School age & Up. 6 Weeks, Cost \$100.

Learn to effectively communicate with audience members & other actors on stage and make specific character choices through discussion, monologues, improvisation games and scene readings. All materials provided. 5 student minimum.

### Abrakadoodle "Kids on Canvas"<sup>®</sup> **with Charlene Huh**

Thursdays, Jan. 19<sup>th</sup> thru Feb. 23<sup>rd</sup> (4:30 to 5:30 p.m.) Ages 3 thru K. 6 Weeks Cost \$75 ~~~ Spring Abrakadoodle Class TBA

Explore many ways to learn about tempera and acrylic paint while also learning about a variety of artists. Colombian artist Fernando Botero paints a picture of a clothesline, so we paint with our own kind of clothesline—string! Classic Flemish artist Jan van Eyck paints a picture of a mirror, so we learn about reflections. Belgian Surrealist artist René Magritte includes clouds in many paintings, so we observe the sky and paint clouds, too! Each lesson offers an opportunity to learn about art and experience painting in new and exciting ways. All materials included.

### Magic **with Gene Dolmovich**

Thursdays, Jan. 19<sup>th</sup> thru Feb 16<sup>th</sup> (4:00 to 5:15 p.m.) 5 Weeks Cost \$25, Ages 9 & Up.

Learn to become an entertainer by performing tricks using rope, cards, handkerchiefs, coins & more! Supplies provided.

### Karate **with Robert Buckner**

Mondays and Wednesdays, (Beginners & Youth 5:30 to 6:15 p.m.) --- (Advanced & Adults 6:15 to 8:00 p.m.)

All Ages. Ongoing. Cost \$60 per month (ask about family discount)

Teaching for over 20 years, Sensei Buckner holds a 3<sup>rd</sup> Degree Black Belt in Okinawin Shorin-Ryu. Learn effective self defense techniques while improving over all physical conditioning & mental focus. Private lessons available.

## **ADULT CLASSES**

### Intermediate & Advanced Tap **with Lisa Brasch**

Thursdays, Jan. 5<sup>th</sup> (5:15 p.m. – 6:45 p.m.) ongoing, Cost \$50 per month

Prior Tap experience of Basic steps and combinations. Lots of toe tapping choreography!

### Adult Ballet **with Dana Floyd Sutter**

Thursdays, beginning Jan. 12<sup>th</sup> (10:00 a.m. to 11:30 a.m.) Cost \$50 per month. Barre, stretch, and floor work. Minimum class number and pre-registration required.

### Adult Pottery **with Elizabeth Hunt**

Thursdays, Jan. 12<sup>th</sup> thru Feb. 16<sup>th</sup> (6:00 p.m. to 8:00 p.m.)

Thursdays, April 5<sup>th</sup> thru May 10<sup>th</sup> (6:00 p.m. to 8:00 p.m.)

Each 6 weeks Class Cost \$160 + \$20 Materials firing fee. Stock materials supplied.

Introduction to wheel and hand building techniques to create unique design pottery or sculpture. Independent study accommodated as well.

### Basic Drawing: The Foundation of the Visual Arts **with Anne Holland**

Wednesdays, Jan. 11 thru Feb. 15<sup>th</sup> (4:00 p.m. to 6:00 p.m.) 6 weeks Cost \$180

Learn the basics of drawing from observation of nature to drawing from the imagination. Topics covered will be line, shape, value, texture and perspective. Different drawing media will be explored. Material list at ESO.

## Oil Painting **with Carole Peirson**

Jan. 16<sup>th</sup> thru Feb. 20<sup>th</sup>, Mondays, 3 Class Timeslots per 6 week session: (10 a.m. to 12 noon), (2 p.m. to 4 p.m.) & (7 p.m. to 9 p.m.)  
6 week sessions (Ongoing with one week off between sessions), Cost \$180 (materials not included)

Oil painting classes for intermediate & beginning students. Learn various oil painting techniques while working from personal photos or still life. Composition, color theory, perspective, values, brush handling and more will be discussed and helpful exercises will be offered. Class size limited to 6 students each timeslot. Materials list at ESO.

## Watercolor for the Birds **with Diana Davis**

Thursdays, Jan. 19<sup>th</sup> thru Feb. 23<sup>rd</sup> (10:00 to 12 noon) 6 weeks, Cost \$180

Beginning & experienced watercolor artists will learn to draw, paint and compose their own watercolor birds including Herons, Owls and Cardinals. Composition, color, textures & backgrounds will be discussed & demonstrated, as well as our subject, the birds! Material list at ESO.

## Creative Writing **with Lenore Hart and David Poyer**

Tuesdays, Jan. 24<sup>th</sup> thru March 27<sup>th</sup> (7:00 to 9:30 p.m.) 10 weeks, Cost \$195

A forum for aspiring and practicing writers to learn craft and technique, hear feedback and advice from other writers, and get editing help from a much-published writer. Fiction/non-fiction/screenplays/children's books.

## Seascape Watercolor Class **with Thelma Peterson**

Wednesdays, March 7<sup>th</sup> thru April 11<sup>th</sup> (10:00 a.m. to 12:00 p.m.) 6 weeks Cost \$180

Watercolor and the fine art of painting water are a natural combination! Thelma will instruct students on different watercolor techniques of painting still and moving water, and various seascape compositions. Some experience in handling watercolor required. Materials list at ESO.

## Poetry, Fiction and Song Writing **with Robert Arthur**

Mondays, March 19<sup>th</sup> thru May 21<sup>st</sup> (7:00 p.m. to 9:30 p.m.) 10 weeks, Cost \$195

A forum for aspiring and practicing writers to learn techniques, hear feedback/advice, and get editing help from an award winning poet, playwright and fiction writer.

## Figure drawing **with Anne Holland**

Wednesdays, April 18<sup>th</sup> thru May 23<sup>rd</sup> (4:00 p.m. to 6:00 p.m.) 6 weeks Cost \$180 + \$20 Model Fee

Using a live model, learn the fundamentals of figure drawing, capturing the human form and expression. Open to all artists and painters, beginner and advanced. Minimum 4 students required. Material list at ESO.

## Yoga **with Barbara Hall**

Tuesdays, Jan. 10<sup>th</sup> (4:30 p.m. to 5:30 p.m.) Ongoing. Cost \$30 per month. \$45 per month for any two Yoga / PiYo classes per week.

A yoga class that incorporates Vinyasa flow, standing balance work, floor exercises and a relaxation segment. Improve your flexibility and balance, develop core strength and body awareness. Minimum 5 students. Mat required.

## PiYo **with Barbara Hall**

Tuesday Mornings, Jan. 10<sup>th</sup> (9:30 a.m. to 10:30 a.m.), Ongoing

OR Tuesday Evenings, Jan. 10<sup>th</sup> (5:40 p.m. to 6:40 p.m.), Ongoing

OR Thursday Mornings, Jan. 12<sup>th</sup> (9:30 a.m. to 10:30 a.m.) Ongoing

Cost \$30 per month or \$45 per month for any two Yoga/PiYo classes per week.

PiYo combines Pilates, Yoga, Strength Conditioning, Flexibility and Balance. It's a heat building, upbeat mind/body exercise class ideal for all fitness levels. Modifications are offered as well as advanced options to suit everyone. Minimum 5 students. Mat required.

### Stretch Fusion **with Barbara Hall**

Wed., Jan. 11<sup>th</sup> (9:30 a.m. to 10:30 a.m.) Ongoing. Cost \$30 per month or \$45 per month for any two Yoga / PiYo classes per week.

A class combining traditional stretching exercises with the flowing movements of yoga and the controlled movement of Pilates mat exercises. Get stretched, strong and centered. Minimum 5 students. Mat required.

### Beginning Conversational Spanish **with Vesna Zidovec**

Thursdays, Jan. 26<sup>th</sup> thru March 1<sup>st</sup> (5:00 p.m. to 6:00 p.m.) 6 Weeks Cost \$75.

Learn basic communication in Spanish. Specific individual career & travel language needs addressed in class. All materials provided.

### Latino Workout **with Margot Sanabria Lusk**

Tuesdays, March 6<sup>th</sup> thru April 10<sup>th</sup> (7:00 p.m. to 8:00 p.m.) 6 Weeks, Cost \$75.

Move your body to the irresistible Latin American beats & learn new dance moves! Combine simple & high-energy steps & turns from Costa Rican Dance integrating the rhythms of Cumbia, Salsa, Merengue, Bachata, Reggaeton and Samba. Class will be taught by live demonstrations. No experience or partner needed.

### Steppin' out for alzheimer's patients & caregivers **with Dana Floyd-Sutter**

Tuesdays, Starting back up on Sept. 13<sup>th</sup>. Ongoing (10:00 a.m. to 11:00 a.m.)

Fun & easy movement class to accommodate the learning style of those with memory impairment & providing a new activity for couples to share.

## **WORKSHOPS**

### A PRACTICAL INTRO TO MUSIC THEORY AND HOW IT APPLIES: FOR BEGINNING OR EXPERIENCED MUSICIANS & COMPOSERS PART I **with Ted Cathey**

4 Saturdays, Feb. 4<sup>th</sup> thru Feb. 25<sup>th</sup> (11 a.m. to 12:30 p.m.) 4 Weeks Cost \$100. Pre-registration Required.

This class will focus on rudiments of music, scales, chords, and rhythm with demonstration on how it applies. Sight reading helpful but not necessary. Please bring your choice of instrument and staff paper. All worksheets and learning aids included.

### Paper Mache craft Workshop **with Mama Girl**

2 Saturdays, April 14<sup>th</sup> & April 21<sup>st</sup> (10 a.m. to 3 p.m.), All Ages. Cost \$120. Pre-registration Required.

Bring your recyclable trash to class & make treasures! Introduction to the whimsical world of paper mache with renowned folk artist Mama Girl who believes that you can make art out of anything. Learn how to make your own paper mache creations on April 14<sup>th</sup> & paint your sculpture on April 21<sup>st</sup>. Newspaper & glue provided. Bring acrylic paints and brushes on April 21<sup>st</sup>. No perfumes please.

## **MUSIC LESSONS -ALL AGES**

### ESO Youth Chorus **with Anna Womble-Sterrett.**

Starts Jan. 17<sup>th</sup> Tuesdays (4 to 5 pm) Ongoing thru May, \$40 per month 10 + students / \$50 per month for less than 9 students

Youth Chorus is for youth of any age provided they are able to read. This is a "learn by doing" class that will focus on working as an ensemble to create beautiful music-and of course have lots of fun! No prior music knowledge is necessary.

At the end of the season we will have a concert for our families and friends.

Individual Music Lessons ~ Call 442-3226 to schedule a time slot.

Organ, Piano, & Strings **with Stefan Dulcie**

Guitar, Brass & Woodwinds, Electric Piano & Music Theory **with Mark Jensen**

Banjo and Beginning Fiddle with Lynn Williams

Group Band with Pooh Johnston

Voice Lessons Tuesdays with Anna Womble-Sterrett, \$40 per hour

Voice Lessons Fridays/Sat. a.m. with Larry Giddens, \$25 per half hour & \$40 per hour

Group Drum Lessons with Robert Buckner Thursdays @ 5:30 to 6:30 p.m. & 6:30 to 7:30 p.m.

\$20 to \$25 per half hour lesson. \$20 per hour lesson for Group Band & Group Drums.

 **WINTER & SPRING 2012 EVENTS SCHEDULE**   
CABARET SERIES

Americana Lovebirds Feb 11 ~~~ the leigheas band & saint Patty's Buffet March 17

"originals" coffee house April TBA ~~~~~ Pound net June 16

CLASSICAL CABARET series with Marilyn Kellam & anna womble-sterrett January 14 @ 7:30

CLASSICAL Concert series with Stefan Dulcie April 29 @ 4:00 ~ All Brahms @ Franktown UMC

Readings of Literary Works by Lenore Hart, David Poyer & Robert Arthur

March 3<sup>rd</sup> Saturday at 7:30 p.m. Renowned Shore authors read selections from their fiction and poetry

ESO Art Exhibition Of student oil & watercolor paintings & drawings

Two days only! 3/31 Saturday 10 am to 5 pm & 4/1 Sunday 12 noon to 4 pm

ESO Cinco De Mayo @ Wachapreague Island House Fundraiser May 3<sup>rd</sup>

ESO School of dance spring ballet Saturday May 19<sup>th</sup> @ 7:00 p.m. and Sunday May 20<sup>th</sup> @ 2:00 p.m. At Nandua High

School Tickets \$5 Student for 12 & under, \$12 Advanced, \$15 Door & \$18 Reserved Seating for all ages.

ESO Arts Center Spring Revue TBA ~~~ Summer Art (with a little science) Camp July 16<sup>th</sup> – 27<sup>th</sup>

ESO Arts Center  
P.O. Box 147  
Belle Haven, VA 23306



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23306

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# ESO ARTS CENTER WINTER & SPRING 2012 SCHEDULE OF CLASSES & EVENTS

No Studio at home? Art students can now use the Art & Pottery Rooms when not in use!

Call (757) 442-3226, email [eso@esoartscenter.org](mailto:eso@esoartscenter.org) or go online [www.esoartscenter.org](http://www.esoartscenter.org) to register.

Class pre-registration required. Most classes have a 5 student minimum.

AN ANNUAL REGISTRATION FEE OF \$15 IS CHARGED SEPTEMBER 1<sup>ST</sup> THROUGH AUGUST 31<sup>ST</sup>

Special needs? Call us so that we may try to accommodate you.

Voted Best Arts and Cultural Venue 2009 & 2010 in Shore Secrets!

ESO Arts Center  
P.O. Box 147, 15293 King Street  
Belle Haven, VA 23306



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